

Dark chocolate fondants with mandarin & crème fraiche

Ingredients: (Serves 4)
100g good quality dark chocolate, chopped
35g butter
2 eggs
2 egg yolks
100g caster sugar
1½ tablespoons plain flour
½ cup cream fraiche
1 mandarin, zested then segments separated

Method:

- 1. Preheat oven to 180°C (fan-forced). Lightly grease four 1-cup capacity ramekins with spray oil.
- 2. Melt chocolate and butter in a heat-proof bowl over a saucepan of gently simmering water. In a separate bowl, lightly whisk the eggs, egg yolks and sugar together. Whisk in the melted chocolate and mandarin zest, then fold in the flour.
- 3. Divide batter between prepared ramekins. Bake for 10–15 minutes or until the edges are set and there is a slight wobble in the middle.
- 4. Allow fondants to sit for one minute, then turn onto serving plates. Top with a dollop of crème fraiche and mandarin segments.

www.sprout.edu.au