

# Sprout Fundraising Pack

## THANKS!

Thanks for including a Sprout gift voucher or gift pack at your fundraiser event!

Our gifts make great door prizes, raffle prizes or auction items, so we're sure a little bit of Sprout will fit right in!

- In 2014 we opened Sprout Health Studio with a team of dietitians who complemented our cooking school's hands on approach to education and health.
- In 2016 Sprout's first cookbook was published. Quick. Easy. Healthy. is packed full of simple, delicious, nutritious recipes from our most popular cooking classes!
- In 2020 Sprout Food Group opened Lou's Place in the Barossa Valley. A modern interpretation on Mediterranean cuisine.  
@lousplace\_barossavalley
- eleven bar and restaurant followed in 2021. A French-inspired modern Australian restaurant and open-air bar in the heart of the Adelaide CBD  
@elevenadl



[www.sprout.edu.au](http://www.sprout.edu.au)



Hilton, South Australia



08 8443 4343

## ABOUT SPROUT



Sprout is a totally hands on, healthy cooking school established in 2011. Sprout is all about cooking with fresh, local and seasonal produce, and our aim is simple - to teach people how to cook nutritious and delicious recipes for themselves, and help them understand the relationship between food and health.

In 2014, we opened SA's largest purpose-built kitchen in Hilton, just west of Adelaide. We also offer corporate and private catering, team building classes, workplace health programs, cooking demonstrations, kids cooking classes and school curriculum programs.

## MOST IMPORTANTLY



The Sprout team is made up of an unbelievably fantastic team of cooks, foodies and health professionals, and we'll always be sure to send the best team possible to your event. We'd love if you could mention that your gift has been donated by "the team at Sprout" or "Sprout Cooking School". If your gift includes a Sprout Gift Voucher, it can be used toward any public classes listed at [sprout.edu.au/classes](http://sprout.edu.au/classes). The winner can check out [sprout.edu.au/faqs](http://sprout.edu.au/faqs) and join our mailing list to be notified when new classes are released



@sproutadl

@callums\_kitchen

@themisapd



[facebook.com/sproutadl](https://facebook.com/sproutadl)

## PHOTOGRAPHS & LOGOS

Official photographs and logos can be downloaded at [sprout.edu.au/media](http://sprout.edu.au/media). Please forward all promotional proofs to [hello@sprout.edu.au](mailto:hello@sprout.edu.au) for approval

## A NOTE ON MASTERCHEF

While we all love watching Callum on MasterChef, Callum is not affiliated with the show, and these days he is busy focusing on Sprout and his presenting role on Channel Seven's SA Life and Discover with RAA Travel.. Callum very kindly asks that you do not refer to him as "Callum from MasterChef" in any promotional material.