

Tomato & peach bruschetta with shaved goat's cheese

Ingredients: (Serves 4 as a canape)

50g soft goat's cheese

2 heirloom tomatoes, thinly sliced

1 yellow peach, thinly sliced

1 tablespoon white wine vinegar

1 tablespoon olive oil, plus 1 tablespoon extra

pinch of salt

1 sourdough baguette, thickly sliced on an angle

1 garlic clove

14 bunch of basil, leaves picked

Equipment:

Non-slip mat

Chopping board

Sharp knife

Griddle pan

Mixing bowls

Tongs

Microplane

Method:

- 1. An hour prior to serving, wrap goat's cheese in clingfilm and place in the freezer.
- 2. Combine tomatoes, peach, vinegar, one tablespoon oil and a pinch of salt in a large bowl. Set aside for flavours to develop.
- 3. Heat a griddle pan over high heat. Brush sourdough with remaining one tablespoon oil. Toast sourdough for 1-2 minutes each side or until lightly charred. Rub with garlic clove.
- 4. Arrange sourdough on a serving platter. Top with tomato, peach and fresh basil. Finely grate over goat's cheese and serve immediately.

Nutrition Information: (Per serve)

Energy: 1381kJ (329cal) Protein: 10.8g Total Fat: 13.3g Saturated Fat: 3.4g Carbohydrate: 38.7g Sugars: 7.2g

Fibre: 4.1g Sodium: 432mg

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